RWU SPORTS MEDICINE
MEDICAL CLEARANCE

Easy to Follow Step by Step Guide to Filling out all Medical Paperwork
WELCOME TO RWU!

If you are a first time student athlete here at RWU, WELCOME! We look forward to working with you for the next 4 years.

If you are a returning athlete, WELCOME BACK! We are excited to continue to work with you this year.
WHO ARE WE?

- TBA - Head Athletic Trainer
  - Phone:
  - Email:

- Louise Humphrey-Arruda - Assistant Athletic Trainer
  - Phone: 401-254-3266
  - Email: lhumphrey-arruda@rwu.edu

- Cory Viveiros - Assistant Athletic Trainer
  - Phone: 401-254-3319
  - Email: cviveiros@rwu.edu
IMPORTANT

ALL PAPER WORK IS DUE AUGUST 1st
THIS IS FOR ALL SPORTS- FALL, WINTER and SPRING!

You will not be cleared to participate until ALL paperwork is complete.

**If you have an appointment for a physical after August 1st all other paperwork must be submitted and your physical can be submitted after you receive it.**
MEDICAL PAPERWORK

What Needs To Be Done?
• Physical Exam
• Sports Medicine Waiver
• Sickle Cell Form
• NCAA Banned Substance Exemption Form (if needed)
• Front and Back Copy of Insurance Card
• All information on SWOL123.net

**Please be aware that it takes time to read through all medical paperwork. Please allow 24-48 hours to be fully cleared**
WHERE TO FIND PAPERWORK

All paperwork can be found on our athletics website under the sports medicine tab

Please follow this link to the medical paperwork

Sports Medicine Paperwork
WHERE TO FIND PAPERWORK
please view this video
HOW TO GET YOUR PAPERWORK IN

This year we will not be wanting any paperwork faxed. If all paperwork is uploaded to swol123.net it will help with organization and will help eliminate any lost paperwork.

All paperwork can be uploaded to swol123.net
UPLOADING TO SWOL123.net
please view this video
JOINING SWOL123.net

**This information is intended for 1st year students. All returners please use your log in from previous years**

• Our Sports Medicine Staff uses SWOL123.net as our online database for all of our medical information. This is a secure site which only our staff has access to.

• This site holds all paperwork information as well as information that you are required to fill out.
JOINING SWOL123.net

• Enter www.swol123.net in your web browser
• Click “Join SportsWare” button
• In the “School ID” field type: SPORTSMED2018
• Enter your (student-athlete) first name, last name, and RWU email address
• You will then receive an email excepting you into the site
• **Please note: If you have not received an email after 2-3 days accepting you into SportsWare please email Mark Andreozzi at mandreozzi@rwu.edu
JOINING SWOL123.net
please view this video

SportsWare - #1 since 1991

Ware Online Login

Call us today or CLICK HERE to email for your:
FREE 60-DAY TRIAL
781-297-2034

New billing module - seeking beta sites.
Click here to sign up!

if you have forgotten your password, your password has expired, or you are logging in for the first time, enter your E-Mail address and press the 'Reset Password' button.
PHYSICAL EXAM

- Returning athletes will need an updated yearly physical
- New/Transfer athletes must be completed WITHIN 6 MONTHS of first day of participation
  - For Spring sports this is considered first day of fall season. Winter sports start in October.
  - This is an NCAA by-law and mandatory for any student athlete interested in playing collegiate sport. We realize and apologize for any inconvenience as most insurance carriers only allow one physical per calendar year. We cannot allow any student athlete to participate until a proper physical is obtained.

*If you have any questions about your physical please email Mark Andreozzi at mandreozzi@rwu.edu

*Link to form: [Sports Medicine Paperwork](#)

*Please upload to [www.swol123.net](http://www.swol123.net)
SPORTS MEDICINE WAIVER

• Link to Form: [Sports Medicine Paperwork](http://www.swol123.net)

• Please sign and date and upload to [www.swol123.net](http://www.swol123.net)
SICKLE CELL FORM

• Link to Form: Sports Medicine Paperwork
• This test/form is required only ONCE for an athlete’s 4 years here at RWU.
• To complete this form you must either:
  • Provide a copy of the results of a sickle cell solubility test either obtained at birth or can be done by your physician
  OR
  • You can waive the test
  • If you choose to not be tested or supply past test results you acknowledge the information of the NCAA Sickle Cell Trait Fact Sheet and understand the risk associated with Sickle Cell Trait. This also releases Roger Williams University from liability for injuries related to sickle cell trait.

*Please sign and date and upload to www.swol123.net
NCAA BANNED SUBSTANCE EXEMPTION FORM

• Link to Form: Sports Medicine Paperwork
• Banned substances include those used to treat ADHD/ADD and Asthma
• If you ARE taking a medication that is on the NCAA banned substance list, then you must have the prescribing medical practitioner complete the Banned Substance Exemption form and attach all supporting documentation
• If you are NOT taking medication that is on the NCAA banned substance list, then you do NOT have to have these forms filled out.
• Please sign and date and upload to SWOL123.net

*Please upload to www.swol123.net
INSURANCE CARD

• A front and back copy of your insurance card is needed.

• This can be uploaded to www.swol123.net
UPLOADING INSURANCE CARD
please view this video
FILLING OUT SWOL123.net

• The next few slides will take you through each screen you should see when filling out the information on SWOL123.net
• Please make sure you fill EVERYTHING out. Missed information can result in you not being cleared in time for your first practice
• Please make sure you click the save button after each tab in order to make sure your information in saved correctly
• Please fill in all the highlighted areas

**Please be aware that it takes time to read through all medical paperwork. Please allow 24-48 hours to be fully cleared**
FILLING OUT SWOL123.net

• When you first log on you will click on My Info
FILLING OUT SWOL123.net

• You will then fill out each of the 5 tabs and all highlighted areas...
FILLING OUT SWOL123.net
FILLING OUT SWOL123.net

### Primary Emergency Contact
- **First Name**
- **Last Name**
- **Relationship**
- **Address**
- **City**
- **State**
- **Zip Code**
- **Country**
- **Home Phone**
- **Work Phone**
- **Cell**
- **Beeper**
- **E-Mail Address**

### Secondary Emergency Contact
- **First Name**
- **Last Name**
- **Relationship**
- **Address**
- **City**
- **State**
- **Zip Code**
- **Country**
- **Home Phone**
- **Work Phone**
- **Cell**
- **Beeper**
- **E-Mail Address**
FILLING OUT SWOL123.net
FILLING OUT SWOL123.net
FILLING OUT SWOL123.net
Please fill out ALL tabs

For any **YES** answer please provide details in comment section

<table>
<thead>
<tr>
<th>Item</th>
<th>Yes/No</th>
<th>Comment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abnormal Heart Racing or Skipped Heartbeats</td>
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<tr>
<td>Abnormal Shortness of breath or dizziness</td>
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<tr>
<td>Are you currently taking any medications (some prescriptions require additional paperwork)?</td>
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<td>Are you currently taking any type of Birth Control?</td>
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<tr>
<td>Do you currently take any supplements?</td>
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<td>Do you have a history of asthma or lung disease?</td>
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<td>Do you have a history of epilepsy?</td>
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<td>Do you have any allergies (food, medication, environmental etc.)?</td>
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<td>Do you have any conditions that presently require you to be under a doctor’s care?</td>
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<tr>
<td>Do you have any medical conditions that may limit your participation in athletics?</td>
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<td>Do you have frequent headaches?</td>
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<td>Do you wear any dental appliances? (retainer, mouthpiece etc)?</td>
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<td>Do you wear eyeglasses or contact lenses?</td>
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<td>Exertional Chest Pain or Discomfort</td>
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<td>Exertional Painting, Near Painting or unexpected fatigue</td>
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<td>Family History of Inability Cardiovascular Disease or Premature Death if an immediate family member younger than 50yrs</td>
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<td>Have you ever been diagnosed as missing a paired organ (kidney, lung, heart)?</td>
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<td>Have you ever been diagnosed with a skin disease?</td>
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<td>Have you ever been diagnosed with anemia?</td>
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<td>Have you ever been treated for an eating disorder?</td>
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<tr>
<td>Have you ever had a head injury/concussion? (If so, how many and what were the dates?)</td>
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<tr>
<td>Have you ever had a head related illness?</td>
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</table>
QUESTIONS etc..

If you have any questions or if you are having trouble with anything you are more than welcome to contact Mark Andreozzi at mandreozzi@rwu.edu.

Thank you for your patience and WELCOME TO RWU ATHLETICS!