Pre-Participation Medical Requirement Check List

All Student Athletes

**ATTENTION:** Failure to complete paperwork by **August 1** (except physical form) could result in student athlete missing first day of competition

- Please upload ALL paperwork to [www.swol123.net](http://www.swol123.net)

### Physical Examination
- Returning athletes will need an updated yearly physical
- New/Transfer athletes must be completed **WITHIN 6 MONTHS** of first day of participation
  - This is an NCAA by-law and mandatory for any student athlete interested in playing collegiate sport.
  - We realize and apologize for any inconvenience as most insurance carriers only allow one physical per calendar year. We cannot allow any student athlete to participate until a proper physical is obtained.
- Upload to [www.swol123.net](http://www.swol123.net)

### Sports Medicine Waiver
- Can be found under the [Sports Medicine Tab](http://rwuhawks.com) on rwuhawks.com
- Upload to [www.swol123.net](http://www.swol123.net)

### Sickle Cell Form
- This only needs to be completed **ONCE** in your four years
- Can be found under the [Sports Medicine Tab](http://rwuhawks.com) on rwuhawks.com
- A copy of the results of a sickle cell solubility test
  - Either obtained at birth or can be done by your physician

**OR**

- Waive Test
  - If you choose to not be tested or supply past test results you acknowledge the information of the NCAA Sickle Cell Trait Fact Sheet and understand the risk associated with Sickle Cell Trait. This also releases Roger Williams University from liability for injuries related to sickle cell trait.
- Upload to [www.swol123.net](http://www.swol123.net)
NCAA Banned Substance Exemption

- Can be found under the Sports Medicine Tab on rwuhawks.com
- Banned substances include those used to treat ADHD/ADD and Asthma
- If you ARE taking a medication that is on the NCAA banned substance list, then you must have the prescribing medical practitioner complete the Banned Substance Exemption form and attach all supporting documentation
- If you are NOT taking medication that is on the NCAA banned substance list, then you do NOT have to have these forms filled out.
- Upload to www.swol123.net

Front and Back Copy of Insurance Card

- Please upload to www.swol123.net

Complete ALL information on SportsWare Online

swol123.net

Register for SportsWare Online

- Enter www.swol123.net in your web browser
- Click “Join SportsWare” button
- In the “School ID” field type: SPORTSMED2018
- Enter your (student-athlete) first name, last name, and RWU email address
- You will then receive an email excepting you into the site
  - **Please note that we are out of the office for the month of July. If you have not received an email after 2-3 days accepting you into SportsWare please email __________
    Joshua King, Head Athletic Trainer**

Complete MY INFO and MED HISTORY tabs

- Use sportsware instructions attached sheet to fill out tabs
- Explain all “yes” answers under the med history tab
- All returning athletes must update all their information
  - www.swol123.net deletes all insurance information so we can be sure it is current
  - Please make sure you fill out the medical history questionnaire each year