Please follow the following Instructions:

- Go to: https://www.swol123.net/
- Click: Join SportsWare and enter ID School #: RWUSPORTSMED2020
- A Sports Medicine Staff member will accept you into the database.
- Check email for the link to create your SportsWare account.
  - **Student athletes, please use your RWU.edu email.**
- Please complete all required fields and tabs. See **SportsWare Completion Instructions**.
- See COVID-19 Completion Instructions.
- Begin your medical requirement check list, see below.

MEDICAL REQUIREMENTS CHECK LIST

1. Updated Physical: upload your physical to SportsWare. Please have your medical provider complete the Preparticipation Exam (PPE) form, in addition to any other forms they may use. *Additional documentation is required if you are being treated for certain medical conditions. (i.e. cardiac)*

   **Returning Student Athletes**: must provide an updated physical annually, based on last physical date.

   **New and Transfer Student Athletes**: must be within 6 months prior to the start of their first day of regulated participation, per NCAA regulations.

2. ADD / ADHD Medication Exemption Waiver: Completed by your physician, upload to SportsWare

3. Asthma Medication Exemption Waiver: Completed by your physician, upload to SportsWare.

4. Permission to Treat Waiver, Read and complete on SportsWare. (Sign every year)

5. Secondary Insurance Policy Waiver, Read and complete on SportsWare

6. Read NCAA Sickle Cell Trait Fact Sheet, Found on SportsWare

7. Signed Sickle Cell Trait Waiver, Complete on SportsWare Note: One time only, New or transfer students only

8. NEW COVID-19 Questionnaire

9. Read NCAA Concussion Fact Sheet, Found on SportsWare

10. Watch NCAA Concussion Awareness Video: CLICK HERE FOR VIDEO

11. Signed Concussion Statement, Complete on SportsWare (Sign every year).

12. Review and read your At Home ImPACT Test Directions Found in your SportsWare Account. *Please note after you receive an email from ImPACT you can begin your test.*